

**2023 Lifeguard Training Schedule**  
**DS Recreational Services, Inc.**  
[www.dsrec.com](http://www.dsrec.com)

#	Month	Dates	Days and Times	Course Title	Location	Price	Misc.
1	Feb	26	Sunday 8:00 AM - 6:00 PM	Lifeguard Recert	SCOB	FREE	FREE CLASS
2	Feb	25 & 26	Sat 9a-5p Sun 9a-6p	Blended LG 1st Yr	DS & SCOB	\$95	Cheapest Rate - Register Now!
3	Mar	5	Sun. 8:00 AM - 6:00 PM	Lifeguard Recert	SCOB	FREE	FREE CLASS
4	Mar	4 & 5	Sat. 9am-5pm, Sun 9-6pm	Blended LG 1st Yr	DS & SCOB	\$95	Discounted Class
5	Mar	19	Sun 8:00 AM - 6:00 PM	Lifeguard Recert	SCOB	\$43	
6	Mar	18 & 19	Sat. 9am-5pm, Sun 9-6pm	Blended LG 1st Yr	DS & SCOB	\$95	Last Discounted Class
7	Mar	26	Sun. 8:00 AM - 6:00 PM	Lifeguard Recert	SCOB	\$43	
8	Mar	25 & 26	Sat 9a-5p, Sun 9a-6p	Blended LG 1st Yr	DS & SCOB	\$125	
9	April	2	Sun. 8:00 AM - 6:00 PM	Lifeguard Recert	SCOB	\$43	
10	April	1 & 2	Sat 9a-5p, Sun 9a-6p	Blended LG 1st Yr	DS & SCOB	\$125	
11	April	16	Sun 8:00 AM - 6:00 PM	Lifeguard Recert	SCOB	\$43	
12	April	15 & 16	Sat 9a-5p Sun 9a-6p	Blended LG 1st Yr	DS & SCOB	\$125	
13	April	23	Sun. 8:00 AM - 6:00 PM	Lifeguard Recert	LKSH	\$43	
14	April	22 & 23	Sat 9a-5p Sun 9a-6p	Blended LG 1st Yr	DS & LKSH	\$125	
15	April	30	Sun 8:00 AM - 6:00 PM	Lifeguard Recert	SCOB	\$43	Last Chance before pools open in May
16	April	29 & 30	Sat 9a-5p, Sun 9a-6p	Blended LG 1st Yr	DS & SCOB	\$125	Last Chance before pools open in May
17	May	14	Sun. 8:00 AM - 6:00 PM	Lifeguard Recert	HVHS	\$43	
18	May	13 & 14	Sat 9a-5p, Sun 9a-6p	Blended LG 1st Yr	DS & HVHS	\$125	
19	May	20 & 21	Sat 9a-5p, Sun 9a-6p	Blended LG 1st Yr	DS & TUCK	\$125	
20	June	5 & 6	Monday & Tuesday 9am- 6pm	Blended LG 1st Yr	TUCK & DS	\$125.00	
21	June	12 & 13	Monday & Tuesday 9am- 6pm	Blended LG 1st Yr	HVHS & DS	\$125.00	
22	June	19 & 20	Monday & Tuesday 9am- 6pm	Blended LG 1st Yr	LKSH & DS	\$125.00	

**Please Note:** All returning potential DS employees will need to enroll in the Lifeguard Recertification class. The entire class will be done in person. RECERTIFYING EMPLOYEES DO NOT NEED TO COMPLETE ANYTHING ONLINE PRIOR TO ATTENDING THE CLASS, HOWEVER REVIEWING YOUR SKILLS ON YOUR OWN IS HIGHLY RECOMMENDED.

**Frequently Asked Questions:**

1. To enroll in a course, go to [www.dsrec.com](http://www.dsrec.com) - scroll down to Training Schedule in RED (click on the button on the right)
2. You must complete your hire/rehire paperwork in full BEFORE you enroll in a lifeguard course (this can be started by filling out an application on our website).
3. First Year Lifeguard classes are American Red Cross Blended Learning and include 7 hrs. of the class to be completed online 48 hours PRIOR to the sessions above.
4. You may enroll and pay for classes at [www.dsrec.com](http://www.dsrec.com) with a Credit or Debit card.
5. All returning lifeguards need to bring their hip pack with their mask to class or purchase a new one
6. All courses listed above are **NON REFUNDABLE**
7. LG 1st Year Classes include the necessary CPR mask/hip pack in the prices. Books will be available to use during class or you may download one online for free.
8. You must attend all dates and times of the course you enroll in and pass all online, written and skill tests to obtain Lifeguard Certification
9. If you are NOT working for DS Recreational Services, Inc. there is an additional \$40 fee per class. DS only accepts open enrollment for 1st Year classes.
10. **SCOB - Spring Creek Oaks Big Pool is located at 6002 Bur Oak Dr. Spring, TX 77379**
11. **DS Recreational Services Office is located at 18821 Intercontinental Crossing Dr., Houston, TX 77073.**
12. **LKSH - Lakeshore Pool is located at 15909 Harbour Light Dr, Houston, TX 77044**
13. **HVHS - Havenhouse Pool is located at 1910 Havenhouse, Dr. Spring, TX 77386**
14. **TUCK - Tuckerton Pool is located at 10080 Cypress Creek Bend Dr. Cypress, TX 77433**